

FREE After School Program

“Hope for a Better Life... Hope for a Better World”



WHO: **Hands for Hope**, a 501C3 non-profit organization providing a free after school program and support for single parents.

Mission Statement - Hands for Hope is dedicated to broadening horizons, developing talents, promoting self-esteem, and instilling life-preparation skills by extending a hand of hope to at-risk youth and single-parent families through quality after school programs.

WHAT: **Our Program consists of after school care for at risk youth ages 8-21**

Offering a variety of activities to engage the youth including educational and social mentoring, nutritional snacks, enriching field trips and:

- **Academic Assistance** - Tutoring, Homework Assistance, College Planning, and Disguised Learning Games
- **Arts Education** - Music, Drama, Shakespeare, Filmmaking, Playwriting, Voice, Photography, Recording, Dance and Visual Art
- **Healthy Lifestyles** - Physical Fitness, Tai Chi, Yoga, Kickboxing, Cooking and Nutrition
- **Life Skills** - Entrepreneurial & Career Development, Computers, Leadership, Driver Safety, Environment and Financial Literacy

WHEN: **Founded March 2000**

WHERE: **San Fernando Valley, C.A.**

WHY: 38.4% teenage pregnancies (ages15-19) (*cdc.com*)
15% of teenagers are overweight (*overweightteen.com*)
Teenage dropout rate is 48% (*LAUSD 2008-2009*)
Every hour and 45 minutes a young person commits suicide (*yutopian.com*)
16-17 yr olds are 4 times more likely to commit serious crimes than the average adult in America. (*racematters.org*)

HOW: **Please help by making your tax-deductible donation or becoming a volunteer TODAY!**

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Combined Federal Campaign # 43670